

December 2018 Lunch Menu
TOMMY'S FOOD SERVICE @ School of the Incarnation
"Great Food for Great Kids"

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti w/ meatballs in marinara sauce, and tossed salad	4 Baked Ham & Cheese Pretzel Bun or Cheeseburger , French Fries and sliced cucumber	5 Baked Potato Bar w/ toppings: bacon bits, butter, melted cheese, sour cream and steamed broccoli (Buttered noodles will be available)	6 Pizza Day  Better Ingredients. Better Pizza.	7 Early Dismissal Cafeteria Closed
10 Baked Ziti, or Buttered noodles w/ meatballs , and tossed salad	11 BBQ Chicken Breast or Chicken nuggets , mashed potato, gravy & steamed veggies	12 Soft beef tacos w/ cheese, Spanish rice or Buttered noodles , and steamed corn	13 Breakfast for lunch Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	14 Pizza Day  Better Ingredients. Better Pizza.
17 Philly cheesesteak or Chicken Tenders , French Fries and sliced cucumber	18 Corndog, Homemade Mac N Cheese or Buttered noodles and steamed green beans	19 Breakfast for lunch Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	20 Pizza Day  Better Ingredients. Better Pizza.	21 Early Dismissal Cafeteria Closed
24 SCHOOL CLOSED Christmas Holiday	25 SCHOOL CLOSED Merry Christmas!	26 SCHOOL CLOSED Christmas Holiday	27 SCHOOL CLOSED Christmas Holiday	28 SCHOOL CLOSED Christmas Holiday
31 SCHOOL CLOSED Christmas Holiday	Jan 1 2019 SCHOOL CLOSED Christmas Holiday Happy New Year!	Jan 2 2019 Spaghetti w/ meatballs in marinara sauce, and tossed salad	Jan 3 Breakfast for lunch Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	Jan 4 Pizza Day  Better Ingredients. Better Pizza.

Combo lunch is \$5.00 it includes the **entrée**, choice of milk or juice or bottled water. **Hotdog or grilled cheese**, plus a side & drink (milk, juice or bottled water) is also combo lunch. **Available daily except pizza day:** variety of subs, hotdog, and grilled cheese sandwich, homemade soup, pretzel and **freshly baked cookies daily**. Nachos w/ cheese on Wednesday. Ice cream on Tuesday & Pizza Day except Liturgy Day. We do not deep fry any food. **Prices and menu may change without notice.**

Ala Carte Price List Only
Not available daily

Available Daily: Hotdog -----\$2.60 Grilled Cheese -----\$2.60 Turkey & Cheese Sub -----\$3.25 Ham & Cheese Sub -----\$3.25 Homemade Soup: -----\$2.60 chicken noodle tomato cheesy potato Assorted Salad: -----\$4.00 Greek, Chicken, Tuna, or Egg Beverage: Milk or juice ----- \$0.80 Bottled water ----- \$1.00 Gatorade ----- \$1.50 Flavored Water ----- \$1.50	Available Daily: Cookies ----- \$1.00 Potato Chips (1 oz) ----- \$0.90 Sun Chip (1.5 oz) ----- \$1.25 Pretzel ----- \$0.90 Fruit (whole apple or orange) ----- \$1.25 Fresh Fruit in Cup (sliced) ----- \$1.75 Yogurt (Yoplait) ----- \$1.25 Veggie (tossed salad, carrots or sliced cucumber, baked beans) ----- \$1.75 Nacho Chips w/ cheese Wed only --- \$2.00 Ice cream Tue & Pizza day --- \$0.90; \$1.25 Not Available Daily: French Fries or Tater tots ----- \$2.50 Rice or Mashed potato ----- \$2.50 Buttered noodles ----- \$2.50	Not Available Daily: Chicken Patty Sandwich ----- \$3.50 Chicken tenders (3pcs) ----- \$3.00 Chicken wings (4pcs) ----- \$4.00 Cheeseburger ----- \$3.50 Corndog ----- \$2.60 Ham & Cheese Pretzel Bun ----- \$3.50 Meatballs (4pcs) ----- \$2.25 Meatball sub ----- \$2.60 Pancake 3/ French toast stick --- \$3.00 Philly cheesesteak ----- \$3.50 Pizza (1 sliced) ----- \$2.20 Popcorn Shrimp ----- \$3.50 Soft beef taco (1) ----- \$1.00 Mac N Cheese ----- \$3.50 Ravioli (7 pcs) ----- \$3.50 Ziti ----- \$3.50
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Please call us at the school cafeteria 410-519-2285 Ext. 2504 or E-mail us at lunch@schooloftheincarnation.org for any inquiries.

Thank you, Tommy and Gina