






**November 2018 Lunch Menu**  
**TOMMY'S FOOD SERVICE @ School of the Incarnation**  
**"Great Food for Great Kids"**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>Pizza Day</b>  Better Ingredients. Better Pizza.	2 <b>Early Dismissal</b>  <b>Cafeteria Closed</b>
5 <b>Gyro w/ Tzatziki sauce or Chicken Tenders</b> , French Fries and sliced cucumber	6 <b>Soft beef tacos w/ cheese, Spanish rice or Buttered noodles</b> , and steamed corn	7 <b>BBQ Chicken Breast or Chicken nuggets</b> , mashed potato, gravy & steamed veggies	8 <b>Breakfast for lunch</b> Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	9 <b>Pizza Day</b>  Better Ingredients. Better Pizza.
12 <b>Spaghetti w/ meatballs in marinara sauce</b> , and tossed salad	13 <b>New Baked Ham &amp; Cheese Pretzel Bun or Cheeseburger</b> , French Fries and sliced cucumber	14 <b>Baked Potato Bar w/ toppings</b> : bacon bits, butter, melted cheese, sour cream and steamed broccoli (Buttered noodles will be available)	15 <b>Breakfast for lunch</b> Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	16 <b>Pizza Day</b>  Better Ingredients. Better Pizza.
19 <b>Sliced Turkey or chicken tenders</b> , mashed potato, gravy & steamed veggies	20 <b>Pizza Day</b>  Better Ingredients. Better Pizza.	21 <b>SCHOOL CLOSED</b>	23 <b>SCHOOL CLOSED</b> <b>Happy Thanksgiving day!</b>	24 <b>SCHOOL CLOSED</b>
26 <b>Corndog or Chicken Nuggets Homemade Mac N Cheese (or Buttered noodles)</b> and steamed green beans	27 <b>Philly cheesesteak or Chicken Patty Sandwich</b> , French Fries and sliced cucumber	28 <b>Soft beef tacos w/ cheese, Spanish rice or Buttered noodles</b> , and steamed corn	29 <b>Breakfast for lunch</b> Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	30  Sandwich, Waffles fries, milk or juice \$6.00 <b>Portion of the proceeds will be donated to Student Council</b>

**Combo lunch** is \$5.00 it includes the **entrée**, choice of milk or juice or bottled water. **Hotdog or grilled cheese**, plus a side & drink (milk, juice or bottled water) is also combo lunch. **Available daily except pizza day**: variety of subs, hotdog, and grilled cheese sandwich, homemade soup, pretzel and **freshly baked cookies daily**. Nachos w/ cheese on Wednesday. Ice cream on Tuesday & Pizza Day except Liturgy Day. We do not deep fry any food. **Prices and menu may change without notice.**

**Ala Carte Price List Only**  
**Not available daily**

<b>Available Daily:</b> Hotdog -----\$2.60 Grilled Cheese -----\$2.60 Turkey & Cheese Sub -----\$3.25 Ham & Cheese Sub -----\$3.25 <b>Homemade Soup:</b> -----\$2.60 chicken noodle tomato cheesy potato <b>Assorted Salad:</b> -----\$4.00 Greek, Chicken, Tuna, or Egg <b>Beverage:</b> Milk or juice ----- \$0.80 Bottled water -----\$1.00 Gatorade -----\$1.50 Flavored Water -----\$1.50	<b>Available Daily:</b> Cookies -----\$1.00 Potato Chips (1 oz) -----\$0.90 Sun Chip (1.5 oz) -----\$1.25 Pretzel -----\$0.90 Fruit (whole apple or orange) -----\$1.25 Fresh Fruit in Cup (sliced) -----\$1.75 Yogurt (Yoplait) ----- \$1.25 Veggie (tossed salad, carrots or sliced cucumber, baked beans) -----\$1.75  Nacho Chips w/ cheese Wed only ---\$2.00 Ice cream Tue & Pizza day ---\$0.90; \$1.25  <b>Not Available Daily:</b> French Fries or Tater tots -----\$2.50 Rice or Mashed potato -----\$2.50 Buttered noodles -----\$2.50	<b>Not Available Daily:</b> Chicken Patty Sandwich -----\$3.50 Chicken tenders (3pcs) -----\$3.00 Chicken wings (4pcs) -----\$4.00 Cheeseburger -----\$3.50 Corndog -----\$2.60 Meatballs (4pcs) -----\$2.25 Meatball sub -----\$2.60 Pancake 3/ French toast stick ---\$3.00 Philly cheesesteak -----\$3.50 Pizza (1 sliced) -----\$2.20 Popcorn Shrimp -----\$3.50 Soft beef taco (1) -----\$1.00 Mac N Cheese -----\$3.50 Ravioli (7 pcs) -----\$3.50 Ziti -----\$3.50
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