





April 2022 Lunch Menu
TOMMY'S FOOD SERVICE @ School of the Incarnation
"Great Food for Great Kids"

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Day  Better Ingredients. Better Pizza.
4 Chicken Tenders, mashed potatoes with gravy and fresh veggie	5 Cheese Ravioli in marinara sauce, meatballs and tossed salad	6 Cheeseburgers, French fries and fresh veggie	7 Breakfast for lunch Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	8 Pizza Day  Better Ingredients. Better Pizza.
11 Corn dogs or Chicken Nuggets, mashed potatoes with gravy and fresh veggie	12 Spaghetti in marinara sauce, meatballs and tossed salad	13 Pizza Day  Better Ingredients. Better Pizza.	14 EASTER BREAK SCHOOL CLOSED	15 EASTER BREAK SCHOOL CLOSED
18 EASTER BREAK SCHOOL CLOSED	19 EASTER BREAK SCHOOL CLOSED	20 EASTER BREAK SCHOOL CLOSED	21 EASTER BREAK SCHOOL CLOSED	22 EASTER BREAK SCHOOL CLOSED
25 Chicken Patty Sandwich, French fries and fresh veggie	26 Spaghetti in marinara sauce, meatballs and tossed salad	27 Walking Taco, Spanish rice and corn	28 Breakfast for lunch Pancake, or French toast sticks, sausage, tater tots and baked apples w/ cinnamon sugar	29 Pizza Day  Better Ingredients. Better Pizza.

Combo lunch is \$5.75 it includes the **entrée**, choice of milk or juice or bottled water. **Hotdog or grilled cheese**, plus a side & drink (milk, juice or bottled water) is also combo lunch. **Available daily except pizza day:** variety of salads, sandwiches, hotdog, and grilled cheese sandwiches, homemade soup, soft pretzels and **freshly baked cookies**. Nachos on Wednesdays, ice cream on Tuesdays & pizza days. We do not deep fry any food. **Prices and menu may change without notice.**

Ala Carte Price List Only
Not available daily

Available Daily:		Available Daily:		Buttered noodles	\$2.75
Hotdog	\$2.75	Cookies	\$1.25	Chicken Patty Sandwich	\$3.75
Grilled Cheese	\$2.75	Potato Chips (1oz)	\$1.25	Chicken tenders (3pcs)	\$3.25
Turkey & Cheese Sub	\$3.40	Pretzel	\$1.25	Chicken wings (4pcs)	\$4.50
Ham & Cheese Sub	\$3.40	Fruit (whole apple or orange)	\$1.40	Cheeseburger	\$3.75
Homemade Soup:	\$2.00	Fresh Fruit in Cup (sliced)	\$1.75	Corndog	\$2.75
chicken noodle		Yogurt (Yoplait)	\$1.35	Meatballs (4pcs)	\$2.50
tomato		Veggie (tossed salad, carrots or sliced cucumber)	\$2.00	Meatball sub	\$2.75
cheesy potato		Tuesdays & Pizza day only		Pancake 3/ French toast stick	\$3.25
bean soup		Ice cream	\$1.00	Philly cheesesteak	\$3.75
Assorted Salad:	\$4.25	Twister	\$1.50	Pizza (1 sliced)	\$2.30
Greek, Chicken, Tuna, or Egg		Wednesday only:		Popcorn Shrimp	\$3.75
Beverage:		Nacho Chips w/ cheese	\$2.25	Soft beef taco (1)	\$1.15
Milk or juice	\$0.80	Not Available Daily:		Mac N Cheese	\$3.75
Bottled water	\$1.00	French Fries or Tater tots	\$2.75	Ravioli (7 pcs)	\$3.75
Gatorade/Propel	\$1.50	Rice or Mashed potato	\$2.75	Ziti	\$3.75

Please call us at the school cafeteria 410-519-2285 Ext. 2504 or E-mail us at lunch@schooloftheincarnation.org for any inquiries.
Thank you, Tommy and Ivanna