May 2025 Lunch Menu

TOMMY'S FOOD SERVICE @ School of the Incarnation

"Great Food for Great kids"

Great food for Great Nas									
Monday	Tuesday	Wednesday	Thursday	Friday					
			Pancakes, French Toasts, or Waffles, Sausages, Tater Tots, Cinnamon Apples	Pizza Day PAPA JOHNS Better Ingredients. Better Pizza. 8th field trip					
5 Hamburgers/ Cheeseburgers French Fries, Carrots Sticks	Rotini in Marinara Sauce, or Buttered Noodles, Meatballs and Tossed Salad	7 Walking Taco, Spanish Rice, and Corn	Pancakes, French Toasts, or Waffles, Sausages, Tater Tots, Cinnamon Apples School Mass	Pizza Day PAPA JOHS Better Ingredients. Better Pizza. 5 th - 6 th field trip					
12 Chicken Tenders Waffle Fries Mixed Vegetables	13 Shells in Marinara Sauce, or Buttered Noodles, Meatballs and Tossed Salad	14 Baked Potato Bar Bacon bits, cheese, broccoli, butter,sour cream	15 Pancakes, French Toasts, or Waffles, Sausages, Tater Tots, Cinnamon Apples	Pizza Day PARJORIS Better Ingredients. Better Pizza.					
1/2 2 nd and 4 th field trip	½ 2 nd and 4 th field trip	3 rd field trip	1 st field trip						
Corn Dog / Chicken Nuggets French Fries Mixed Vegetables	20 Ravioli in marinara sauce, or Buttered Noodles, meatballs and tossed salad	Pancakes, French Toasts, or Waffles, Sausages, Tater Tots, Cinnamon Apples	Pizza Day PAPA JOHNS Better Ingredients. Better Pizza.	Early Dismissal Cafeteria Closed					
26 School Closed Cafeteria Closed	Penne in Marinara Sauce, or Buttered Noodles, Meatballs and Tossed Salad	28 Chicken Tenders Mashed Potatoes Mixed Vegetables 8 th field trip	Pancakes, French Toasts, or Waffles, Sausages, Tater Tots, Cinnamon Apples	Pizza Day PAPA JOHNS Better Ingredients. Better Pizza.					

Effective April 1st, 2025, we will implement a modest increase to our menu prices, the first since 2020.

Combo lunch is \$6.95. It includes the entrée, sides listed and a choice of milk, juice or water. Hot dogs or grilled cheese plus the sides and drink (milk, juice or water) is also a combo lunch. See below for available daily items. The only exception is pizza day: hot dogs and chicken nuggets are not available. We do not deep fry any food. Prices and menu are subject to change without notice.

Tuesday: Ice Cream Wednesday: Nachos Thursday: Cinnamon Buns Friday: Ice Cream

Hot dog	\$2.90	Chips	\$1.30	French Frie/Curley/Tots	\$2.95
Grillled Cheese	\$2.90	Yogurt (Yoplait)	\$1.75	Walking Taco	\$5.95
Chicken Nuggets	\$3.75	GoGurt Yogurt Tube	\$1.05	Mac and Cheese	\$3.95
Homemade Soup	\$2.90	Pretzel Logs	\$1.95	Buttered Noodles	\$2.90
Chicken Noodle or		Fruit (Apple or Orange)	\$1.50	Chicken Patty Sandwich	\$3.95
Tomato or		Fresh Fruit Cup/Cereal	\$2.50	Chicken Tenders (3 pcs)	\$3.75
Vegetable		String cheese	\$1.05	Cheeseburger/Hamburger	\$3.95
		Side Veggie/salad	\$2.00	Corn dog	\$2.90
Salad/Sandwiches		Pudding/Jello	\$2.00	Meatballs (4 pcs)	\$2.75
Chicken, Tuna, Egg, Lg. Garden	\$5.50	Tuesday and Pizza Days Only		Meatball Sub	\$4.00
Side Salad	\$2.00	Ice cream cup	\$1.10	Pancakes/French toast/Waffles	\$3.75
Beverage		Twister	\$2.10	Pizza (1 slice)	\$2.95
Milk or Juice	\$1.00	Scooter bar	\$1.60		
Bottled Water	\$1.05	Wednesdays ONLY			
Gatorade/Propel	\$1.85	Nachos, Chips and Cheese	\$2.80		

Please call us at the school cafeteria 410-519-2285 Ext. 2504 or E-mail us at lunch@schooloftheincarnation.org for any inquiries.

Nutritional Info