




**September 2025 Lunch Menu**  
**TOMMY'S FOOD SERVICE @ School of the Incarnation**  
**"Great Food for Great Kids"**

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Cafeteria Closed</b>	2 <b>Cafeteria Closed</b>	3 <b>Cafeteria Closed</b>	4 <b>Cafeteria Closed</b>	5 <b>Cafeteria Closed</b>
8 Chicken Tenders or Chicken Nuggets French Fries Carrots Sticks	9 Rotini in Marinara Sauce Meatballs Tossed Salad	10 Corn Dogs or Chicken Nuggets French Fries Mixed Vegetables	11 Pancakes or French Toast Sticks Sausages, Tater Tots and Cinnamon Apples	12 <b>Pizza Day</b> 
15 Hamburgers or Cheeseburgers French Fries Veggies	16 Shells in Marinara Sauce Meatballs Tossed Salad	17 Pancakes or French Toast Sticks Sausages, Tater Tots and Cinnamon Apples	18 <b>Pizza Day</b> 	19 <b>Homecoming</b> <b>Cafeteria Closed</b>
22 <b>Cafeteria Closed</b>	23 Cheese Ravioli in Marinara Sauce Meatballs Tossed Salad	24 Walking Taco Bar Spanish Rice Steamed Corn	25 Pancakes or French Toast Sticks Sausages, Tater Tots and Cinnamon Apples	26 <b>Pizza Day</b> 
29 Chicken Patties Waffle Fries Carrots Sticks	30 Penne Pasta in Marinara Sauce Meatballs Tossed Salad			

Effective April 1<sup>st</sup>, 2025, we will implement a modest increase to our menu prices, the first since 2020.

**Combo lunch** is \$7.00. It includes the entrée, sides listed and a choice of milk, juice or water. **Hot dogs or grilled cheese** plus the sides and drink (milk, juice or water) is also a combo lunch. **See below for available daily items.** The only exception is **pizza day**: hot dogs and chicken nuggets are not available. We do not deep fry any food. **Prices and menu are subject to change without notice.**

**Tuesday: Ice Cream    Wednesday: Nachos    Friday: Ice Cream**

Hot dog	\$2.90	Chips	\$1.30	French Frie/Curley/Tots	\$2.95
Grilled Cheese	\$2.90	Yogurt (Yoplait)	\$1.75	Walking Taco	\$5.95
Chicken Nuggets	\$3.75	GoGurt Yogurt Tube	\$1.05	Mac and Cheese	\$3.95
<b>Homemade Soup</b>	\$2.90	Pretzel Logs	\$1.95	Buttered Noodles	\$2.90
Chicken Noodle or		Fruit (Apple or Orange)	\$1.50	Chicken Patty Sandwich	\$3.95
Tomato or		Fresh Fruit Cup/Cereal	\$2.50	Chicken Tenders (3 pcs)	\$3.75
Vegetable		String cheese	\$1.05	Cheeseburger/Hamburger	\$3.95
		Side Veggie/salad	\$2.00	Corn dog	\$2.90
<b>Salad/Sandwiches</b>		Pudding/Jello	\$2.00	Meatballs (4 pcs)	\$2.75
Chicken, Tuna, Egg, Lg. Garden	\$5.50	<b>Tuesday and Pizza Days Only</b>		Meatball Sub	\$4.00
Side Salad	\$2.00	Ice cream cup	\$1.10	Pancakes/French toast/Waffles	\$3.75
<b>Beverage</b>		Twister	\$2.10	Pizza (1 slice)	\$2.95
Milk or Juice	\$1.00	Scooter bar	\$1.60		
Bottled Water	\$1.05	<b>Wednesdays ONLY</b>			
Gatorade/Propel	\$1.85	Nachos, Chips and Cheese	\$2.80		

Please call us at the school cafeteria 410-519-2285 Ext. 2504 or E-mail us at [lunch@schooloftheincarnation.org](mailto:lunch@schooloftheincarnation.org) for any inquiries.

[Nutritional Info](#)

*Thank you, Tommy and Arianna*